Myers-Briggs Type Indicator (MBTI)

Personality Indicator Assessment

Format
93 questions
- No right or wrong answers
- Responses should be chosen to reflect who you really are, not who you think someone wants you to be.
- Choose from 1 of 2 responses
- Produces a 4 letter preference type

MBTI Preferences

Direction of Energy
- Extraversion vs. Introversion
  Focus on the people and things in the outer world
  Focus on thoughts, feelings, and impressions of the inner world

Gathering Information
- Sensing vs. Intuition
  Focus on facts and details that can be confirmed by experience
  Focus on possibilities and relationships among ideas

Making Decisions
- Thinking vs. Feeling
  Use impersonal, objective, logical analysis to reach conclusions
  Use person-centered, subjective analysis to reach conclusions

Dealing with the Outer World
- Judging vs. Perceiving
  Plan and organize; make decisions and come to closure
  Be spontaneous and adaptable; collect information and stay open to new options