

**Community College Survey of Student Engagement (CCSSE)
Community College Student Mental Health and Well-Being Codebook**

Item	Variable	Responses
6. At this college, I feel that students' mental health and emotional well-being is a priority.	COLLQ8666	1 = Strongly disagree 2 = Disagree 3 = Agree 4 = Strongly agree
7. Over the last 2 weeks, how often have you been bothered by having little interest or pleasure in doing things?	COLLQ8667	1 = Not at all 2 = Several days 3 = More than half the days 4 = Nearly every day
8. Over the last 2 weeks, how often have you been bothered by feeling down, depressed or hopeless?	COLLQ8668	1 = Not at all 2 = Several days 3 = More than half the days 4 = Nearly every day
9. Over the last 2 weeks, how often have you been bothered by feeling nervous, anxious or on edge?	COLLQ8669	1 = Not at all 2 = Several days 3 = More than half the days 4 = Nearly every day
10. Over the last 2 weeks, how often have you been bothered by not being able to stop or control worrying?	COLLQ8670	1 = Not at all 2 = Several days 3 = More than half the days 4 = Nearly every day
11. In the past 12 months, I have needed help for emotional or mental health problems such as feeling sad, blue, anxious, or nervous.	COLLQ8671	1 = Strongly disagree 2 = Disagree 3 = Neither agree nor disagree 4 = Agree 5 = Strongly agree
12. If you needed to seek professional help for your mental or emotional health while attending this college, you would know where to go.	COLLQ8672	1 = Strongly disagree 2 = Disagree 3 = Neither agree nor disagree 4 = Agree 5 = Strongly agree
13. If you needed help for your mental health and emotional well-being in the past 12 months, how often have you sought such help?	COLLQ8673	1 = Never 2 = Rarely 3 = Often 4 = Very often 5 = I have not needed help for my mental health and emotional well-being

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14. If you needed help with your mental health and emotional well-being, what would be the greatest barrier that would keep you from seeking that help?	COLLQ8674	1 = Lack of resources (money, time, transportation) 2 = I worry about what others will think of me 3 = I do not know where to seek help 4 = I do not know what kind of help I need 5 = Other
15. If you were experiencing emotional or mental health problems such as feeling sad, blue, anxious, or nervous, whom would you most prefer to talk to about this?	COLLQ8675	1 = Trained mental health provider (e.g., psychiatrist, psychologist, counselor, or social worker, etc.) 2 = Someone who works at this college who is not a trained mental health provider 3 = Friend, partner, or family member 4 = Someone from your cultural community (identity-based, faith-based, etc.) 5 = Other
16. If you were experiencing emotional or mental health problems such as feeling sad, blue, anxious, or nervous, which of the following supports from a trained mental health provider would you most prefer to use?	COLLQ8676	1 = In-person, individual counseling or therapy 2 = In-person, group therapy or a support group 3 = Teletherapy (counseling or therapy via the phone, video, text, messaging) 4 = Peer counseling from a trained peer 5 = Crisis hotline (number to call or text during a mental health crisis to reach a trained responder)
17. If you needed help with your mental health and emotional well-being, how important is it to you that your mental health provider understands your cultural community (racial/ethnic identity, gender identity, religious identity, LGBTQIA+ identity, etc.)?	COLLQ8677	1 = Not at all important 2 = Somewhat important 3 = Important 4 = Very important 5 = Absolutely essential
18. In the past 4 weeks, how many days have you felt that emotional or mental difficulties have hurt your academic performance?	COLLQ8678	1 = None 2 = 1-2 days 3 = 3-5 days 4 = 6 or more days
19. How likely is it that issues with mental health or emotional well-being would cause you to withdraw from class(es) or from this college?	COLLQ8679	1 = Not likely 2 = Somewhat likely 3 = Likely 4 = Very likely
20. In the past 12 months have you needed help with substance use issues?	COLLQ8680	1 = No 2 = Yes 3 = I am not sure 4 = I prefer not to respond