

Community College Survey of Student Engagement - Kirtland Community College (2023 Administration)
Frequency Distributions - Community College Student Mental Health and Well-Being

Breakout by Enrollment Status: Part-time Students

[Unweighted]

Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
6. At this college, I feel that students' mental health and emotional well-being is a priority.	COLLQ8666	Strongly disagree	12	12.5	505	9.5	1,451	9.1
		Disagree	9	9.4	599	11.3	1,824	11.4
		Agree	60	62.5	2,890	54.5	8,704	54.4
		Strongly agree	15	15.6	1,312	24.7	4,016	25.1
		Total	96	100.0	5,306	100.0	15,995	100.0
7. Over the last 2 weeks, how often have you been bothered by having little interest or pleasure in doing things?	COLLQ8667	Not at all	43	43.4	2,306	43.4	6,921	43.2
		Several days	31	31.3	1,727	32.5	5,411	33.8
		More than half the days	15	15.2	757	14.2	2,076	13.0
		Nearly every day	10	10.1	527	9.9	1,622	10.1
		Total	99	100.0	5,317	100.0	16,030	100.0
8. Over the last 2 weeks, how often have you been bothered by feeling down, depressed or hopeless?	COLLQ8668	Not at all	56	57.1	2,709	51.2	8,095	50.8
		Several days	20	20.4	1,592	30.1	4,864	30.5
		More than half the days	11	11.2	575	10.9	1,717	10.8
		Nearly every day	11	11.2	413	7.8	1,267	7.9
		Total	98	100.0	5,289	100.0	15,943	100.0

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Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
9. Over the last 2 weeks, how often have you been bothered by feeling nervous, anxious or on edge?	COLLQ8669	Not at all	44	44.4	1,891	35.6	5,602	35.0
		Several days	32	32.3	1,866	35.1	5,822	36.4
		More than half the days	8	8.1	818	15.4	2,368	14.8
		Nearly every day	15	15.2	736	13.9	2,211	13.8
		Total	99	100.0	5,311	100.0	16,003	100.0
10. Over the last 2 weeks, how often have you been bothered by not being able to stop or control worrying?	COLLQ8670	Not at all	52	53.1	2,476	46.7	7,397	46.2
		Several days	21	21.4	1,548	29.2	4,851	30.3
		More than half the days	9	9.2	641	12.1	1,890	11.8
		Nearly every day	16	16.3	639	12.0	1,856	11.6
		Total	98	100.0	5,304	100.0	15,994	100.0
11. In the past 12 months, I have needed help for emotional or mental health problems such as feeling sad, blue, anxious, or nervous.	COLLQ8671	Strongly disagree	38	39.2	1,815	34.2	5,220	32.6
		Disagree	20	20.6	839	15.8	2,535	15.8
		Neither agree nor disagree	13	13.4	932	17.6	2,819	17.6
		Agree	14	14.4	1,075	20.3	3,389	21.2
		Strongly agree	12	12.4	643	12.1	2,034	12.7
		Total	97	100.0	5,304	100.0	15,997	100.0

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[Unweighted]

Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
12. If you needed to seek professional help for your mental or emotional health while attending this college, you would know where to go.	COLLQ8672	Strongly disagree	24	25.0	793	15.0	2,289	14.4
		Disagree	15	15.6	831	15.7	2,507	15.7
		Neither agree nor disagree	28	29.2	1,094	20.7	3,246	20.4
		Agree	19	19.8	1,715	32.5	5,275	33.1
		Strongly agree	10	10.4	849	16.1	2,609	16.4
		Total	96	100.0	5,282	100.0	15,926	100.0
13. If you needed help for your mental health and emotional well-being in the past 12 months, how often have you sought such help?	COLLQ8673	Never	30	31.6	1,718	32.5	4,974	31.2
		Rarely	19	20.0	1,096	20.8	3,392	21.3
		Often	16	16.8	828	15.7	2,592	16.3
		Very often	6	6.3	425	8.1	1,391	8.7
		I have not needed help for my mental health and emotional well-being	24	25.3	1,212	23.0	3,576	22.5
		Total	95	100.0	5,279	100.0	15,925	100.0
14. If you needed help with your mental health and emotional well-being, what would be the greatest barrier that would keep you from seeking that help?	COLLQ8674	Lack of resources (money, time, transportation)	20	21.3	1,685	32.3	5,491	34.9
		I worry about what others will think of me	12	12.8	664	12.7	1,727	11.0
		I do not know where to seek help	7	7.4	314	6.0	995	6.3
		I do not know what kind of help I need	15	16.0	858	16.4	2,715	17.3
		Other	40	42.6	1,697	32.5	4,807	30.5
		Total	94	100.0	5,218	100.0	15,735	100.0

Community College Survey of Student Engagement - Kirtland Community College (2023 Administration)
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Breakout by Enrollment Status: Part-time Students

[Unweighted]

Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
15. If you were experiencing emotional or mental health problems such as feeling sad, blue, anxious, or nervous, whom would you most prefer to talk to about this?	COLLQ8675	Trained mental health provider (e.g., psychiatrist, psychologist, counselor, or social worker, etc.)	33	34.7	1,963	37.4	6,432	40.6
		Someone who works at this college who is not a trained mental health provider	2	2.1	142	2.7	386	2.4
		Friend, partner, or family member	44	46.3	2,522	48.1	7,267	45.9
		Someone from your cultural community (identity-based, faith-based, etc.)	4	4.2	180	3.4	514	3.2
		Other	12	12.6	441	8.4	1,246	7.9
		Total	95	100.0	5,248	100.0	15,845	100.0
16. If you were experiencing emotional or mental health problems such as feeling sad, blue, anxious, or nervous, which of the following supports from a trained mental health provider would you most prefer to use?	COLLQ8676	In-person, individual counseling or therapy	69	74.2	3,824	74.2	11,356	72.6
		In-person, group therapy or a support group	5	5.4	249	4.8	812	5.2
		Teletherapy (counseling or therapy via the phone, video, text, messaging)	10	10.8	779	15.1	2,638	16.9
		Peer counseling from a trained peer	7	7.5	207	4.0	545	3.5
		Crisis hotline (number to call or text during a mental health crisis to reach a trained responder)	2	2.2	94	1.8	281	1.8
		Total	93	100.0	5,153	100.0	15,632	100.0
17. If you needed help with your mental health and emotional well-being, how important is it to you that your mental health provider understands your cultural community (racial/ethnic identity, gender identity, religious identity, LGBTQIA+ identity, etc.)?	COLLQ8677	Not at all important	44	46.8	1,513	29.0	4,119	26.1
		Somewhat important	9	9.6	948	18.2	2,938	18.6
		Important	17	18.1	1,118	21.4	3,467	21.9
		Very important	11	11.7	819	15.7	2,537	16.1
		Absolutely essential	13	13.8	821	15.7	2,734	17.3
		Total	94	100.0	5,219	100.0	15,795	100.0

Community College Survey of Student Engagement - Kirtland Community College (2023 Administration)
Frequency Distributions - Community College Student Mental Health and Well-Being

Breakout by Enrollment Status: Part-time Students

[Unweighted]

			Your College		Small Colleges		Community College Student Mental Health and Well-Being	
Item	Variable	Responses	Count	Percent	Count	Percent	Count	Percent
18. In the past 4 weeks, how many days have you felt that emotional or mental difficulties have hurt your academic performance?	COLLQ8678	None	54	56.8	2,429	46.3	7,244	45.7
		1-2 days	16	16.8	1,341	25.5	4,038	25.5
		3-5 days	10	10.5	812	15.5	2,442	15.4
		6 or more days	15	15.8	667	12.7	2,111	13.3
Total			95	100.0	5,249	100.0	15,835	100.0
19. How likely is it that issues with mental health or emotional well-being would cause you to withdraw from class(es) or from this college?	COLLQ8679	Not likely	65	68.4	3,376	64.4	9,893	62.5
		Somewhat likely	17	17.9	1,072	20.5	3,494	22.1
		Likely	10	10.5	455	8.7	1,385	8.8
		Very likely	3	3.2	338	6.4	1,048	6.6
Total			95	100.0	5,241	100.0	15,820	100.0
20. In the past 12 months have you needed help with substance use issues?	COLLQ8680	No	84	86.6	4,885	92.8	14,657	92.3
		Yes	5	5.2	119	2.3	365	2.3
		I am not sure	5	5.2	141	2.7	448	2.8
		I prefer not to respond	3	3.1	119	2.3	404	2.5
Total			97	100.0	5,264	100.0	15,874	100.0

Community College Survey of Student Engagement - Kirtland Community College (2023 Administration)
Frequency Distributions - Community College Student Mental Health and Well-Being

Breakout by Enrollment Status: Full-time Students

[Unweighted]

Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
6. At this college, I feel that students' mental health and emotional well-being is a priority.	COLLQ8666	Strongly disagree	31	14.0	1,532	10.3	3,331	9.4
		Disagree	48	21.6	2,054	13.9	4,808	13.6
		Agree	114	51.4	7,831	52.9	19,088	53.8
		Strongly agree	29	13.1	3,398	22.9	8,243	23.2
		Total	222	100.0	14,815	100.0	35,470	100.0
7. Over the last 2 weeks, how often have you been bothered by having little interest or pleasure in doing things?	COLLQ8667	Not at all	91	40.6	5,541	37.4	12,973	36.6
		Several days	69	30.8	5,417	36.6	13,015	36.7
		More than half the days	37	16.5	2,161	14.6	5,216	14.7
		Nearly every day	27	12.1	1,699	11.5	4,269	12.0
		Total	224	100.0	14,818	100.0	35,473	100.0
8. Over the last 2 weeks, how often have you been bothered by feeling down, depressed or hopeless?	COLLQ8668	Not at all	107	47.8	7,190	48.7	16,755	47.4
		Several days	54	24.1	4,616	31.2	11,164	31.6
		More than half the days	37	16.5	1,693	11.5	4,245	12.0
		Nearly every day	26	11.6	1,273	8.6	3,191	9.0
		Total	224	100.0	14,772	100.0	35,355	100.0

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Breakout by Enrollment Status: Full-time Students

[Unweighted]

Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
9. Over the last 2 weeks, how often have you been bothered by feeling nervous, anxious or on edge?	COLLQ8669	Not at all	68	30.8	4,651	31.5	10,841	30.6
		Several days	65	29.4	5,372	36.4	12,912	36.5
		More than half the days	45	20.4	2,426	16.4	5,864	16.6
		Nearly every day	43	19.5	2,321	15.7	5,766	16.3
		Total	221	100.0	14,770	100.0	35,383	100.0
10. Over the last 2 weeks, how often have you been bothered by not being able to stop or control worrying?	COLLQ8670	Not at all	90	40.7	6,315	42.7	14,793	41.8
		Several days	61	27.6	4,586	31.0	11,056	31.2
		More than half the days	38	17.2	1,983	13.4	4,777	13.5
		Nearly every day	32	14.5	1,907	12.9	4,759	13.4
		Total	221	100.0	14,791	100.0	35,385	100.0
11. In the past 12 months, I have needed help for emotional or mental health problems such as feeling sad, blue, anxious, or nervous.	COLLQ8671	Strongly disagree	77	34.5	5,227	35.4	11,784	33.3
		Disagree	34	15.2	2,375	16.1	5,648	16.0
		Neither agree nor disagree	30	13.5	2,541	17.2	6,354	18.0
		Agree	48	21.5	2,918	19.7	7,234	20.4
		Strongly agree	34	15.2	1,715	11.6	4,357	12.3
		Total	223	100.0	14,776	100.0	35,377	100.0

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Breakout by Enrollment Status: Full-time Students

[Unweighted]

Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
12. If you needed to seek professional help for your mental or emotional health while attending this college, you would know where to go.	COLLQ8672	Strongly disagree	51	23.0	2,100	14.2	4,746	13.4
		Disagree	47	21.2	2,232	15.1	5,549	15.7
		Neither agree nor disagree	36	16.2	2,880	19.5	7,194	20.4
		Agree	62	27.9	5,104	34.6	12,041	34.1
		Strongly agree	26	11.7	2,435	16.5	5,764	16.3
		Total	222	100.0	14,751	100.0	35,294	100.0
13. If you needed help for your mental health and emotional well-being in the past 12 months, how often have you sought such help?	COLLQ8673	Never	65	29.3	4,879	33.1	11,467	32.5
		Rarely	49	22.1	3,149	21.4	7,810	22.1
		Often	43	19.4	2,249	15.3	5,510	15.6
		Very often	19	8.6	1,017	6.9	2,575	7.3
		I have not needed help for my mental health and emotional well-being	46	20.7	3,443	23.4	7,917	22.4
		Total	222	100.0	14,737	100.0	35,279	100.0
14. If you needed help with your mental health and emotional well-being, what would be the greatest barrier that would keep you from seeking that help?	COLLQ8674	Lack of resources (money, time, transportation)	82	37.8	4,187	28.7	10,759	30.8
		I worry about what others will think of me	21	9.7	2,122	14.5	4,778	13.7
		I do not know where to seek help	8	3.7	937	6.4	2,163	6.2
		I do not know what kind of help I need	26	12.0	2,683	18.4	6,792	19.4
		Other	80	36.9	4,660	31.9	10,474	30.0
		Total	217	100.0	14,589	100.0	34,966	100.0

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[Unweighted]

Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
15. If you were experiencing emotional or mental health problems such as feeling sad, blue, anxious, or nervous, whom would you most prefer to talk to about this?	COLLQ8675	Trained mental health provider (e.g., psychiatrist, psychologist, counselor, or social worker, etc.)	73	33.2	4,605	31.5	12,107	34.5
		Someone who works at this college who is not a trained mental health provider	5	2.3	562	3.8	1,125	3.2
		Friend, partner, or family member	115	52.3	7,848	53.6	18,068	51.5
		Someone from your cultural community (identity-based, faith-based, etc.)	5	2.3	398	2.7	988	2.8
		Other	22	10.0	1,227	8.4	2,782	7.9
		Total	220	100.0	14,640	100.0	35,070	100.0
16. If you were experiencing emotional or mental health problems such as feeling sad, blue, anxious, or nervous, which of the following supports from a trained mental health provider would you most prefer to use?	COLLQ8676	In-person, individual counseling or therapy	171	77.7	10,731	74.2	25,650	74.0
		In-person, group therapy or a support group	7	3.2	794	5.5	1,923	5.5
		Teletherapy (counseling or therapy via the phone, video, text, messaging)	27	12.3	1,902	13.2	4,894	14.1
		Peer counseling from a trained peer	7	3.2	758	5.2	1,574	4.5
		Crisis hotline (number to call or text during a mental health crisis to reach a trained responder)	8	3.6	270	1.9	621	1.8
		Total	220	100.0	14,455	100.0	34,662	100.0
17. If you needed help with your mental health and emotional well-being, how important is it to you that your mental health provider understands your cultural community (racial/ethnic identity, gender identity, religious identity, LGBTQIA+ identity, etc.)?	COLLQ8677	Not at all important	101	46.1	4,193	28.8	9,346	26.8
		Somewhat important	38	17.4	2,747	18.8	6,766	19.4
		Important	36	16.4	3,221	22.1	7,626	21.8
		Very important	22	10.0	2,270	15.6	5,577	16.0
		Absolutely essential	22	10.0	2,146	14.7	5,615	16.1
		Total	219	100.0	14,577	100.0	34,930	100.0

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[Unweighted]

			Your College		Small Colleges		Community College Student Mental Health and Well-Being	
Item	Variable	Responses	Count	Percent	Count	Percent	Count	Percent
18. In the past 4 weeks, how many days have you felt that emotional or mental difficulties have hurt your academic performance?	COLLQ8678	None	95	43.0	6,108	41.8	14,121	40.3
		1-2 days	49	22.2	3,931	26.9	9,571	27.3
		3-5 days	47	21.3	2,446	16.7	6,071	17.3
		6 or more days	30	13.6	2,132	14.6	5,262	15.0
		Total	221	100.0	14,617	100.0	35,025	100.0
19. How likely is it that issues with mental health or emotional well-being would cause you to withdraw from class(es) or from this college?	COLLQ8679	Not likely	155	69.8	9,648	65.9	22,367	63.9
		Somewhat likely	41	18.5	3,014	20.6	7,649	21.8
		Likely	14	6.3	1,216	8.3	2,968	8.5
		Very likely	12	5.4	759	5.2	2,039	5.8
		Total	222	100.0	14,637	100.0	35,023	100.0
20. In the past 12 months have you needed help with substance use issues?	COLLQ8680	No	198	90.0	13,492	92.1	32,338	92.1
		Yes	8	3.6	363	2.5	835	2.4
		I am not sure	6	2.7	418	2.9	1,025	2.9
		I prefer not to respond	8	3.6	384	2.6	920	2.6
		Total	220	100.0	14,657	100.0	35,118	100.0

Colleges in the Comparison Group

Comparison Group: Small Colleges

Institution	State	Year
Arkansas Northeastern College	AR	2023
Arkansas State University-Newport	AR	2023
Belmont College	OH	2023
Berkshire Community College	MA	2023
Big Sandy Community and Technical College	KY	2023
Black River Technical College	AR	2023
Blue Mountain Community College	OR	2023
Blue Ridge Community College	VA	2023
Brazosport College	TX	2023
Casper College	WY	2023
Central Wyoming College	WY	2023
Centralia College	WA	2023
Chipola College	FL	2023
Cleveland State Community College	TN	2023
Coastal Bend College	TX	2023
College of the Mainland	TX	2023
Colorado Northwestern Community College	CO	2023
Columbia Gorge Community College	OR	2023
Compton College	CA	2023
Cossatot Community College of the University of Arkansas	AR	2023
Danville Area Community College	IL	2023
Dyersburg State Community College	TN	2023
East Central College	MO	2023
Eastern Wyoming College	WY	2023
Ellsworth Community College	IA	2023
Ensign College	UT	2023
Fond du Lac Tribal and Community College	MN	2023
Garden City Community College	KS	2023
Gillette College	WY	2023
Hagerstown Community College	MD	2023
Highland Community College	IL	2023
Independence Community College	KS	2023
Jackson State Community College	TN	2023
John A. Logan College	IL	2023
Jones County Junior College	MS	2023
Laramie County Community College	WY	2023
Little Big Horn College	MT	2023
Madisonville Community College	KY	2023
Marshalltown Community College	IA	2023
Maysville Community & Technical College	KY	2023
Mid-Plains Community College	NE	2023
Minnesota North College	MN	2023
Mississippi Delta Community College	MS	2023
Missouri State University-West Plains	MO	2023
Monroe County Community College	MI	2023
Mountain Empire Community College	VA	2023

Colleges in the Comparison Group

Comparison Group: Small Colleges

Institution	State	Year
Muskegon Community College	MI	2023
NMSU Alamogordo	NM	2023
North Central State College	OH	2023
North Florida College	FL	2023
North Iowa Area Community College	IA	2023
Northeast Alabama Community College	AL	2023
Northeast Mississippi Community College	MS	2023
Northeast Texas Community College	TX	2023
Northwest College	WY	2023
Otero College	CO	2023
Owensboro Community and Technical College	KY	2023
Ozarka College	AR	2023
Paul D. Camp Community College	VA	2023
Piedmont Technical College	SC	2023
Rhodes State College	OH	2023
River Parishes Community College	LA	2023
Riverland Community College	MN	2023
SOWELA Technical Community College	LA	2023
Saginaw Chippewa Tribal College	MI	2023
Salem Community College	NJ	2023
Salish Kootenai College	MT	2023
Southeastern Community College	NC	2023
Southern Arkansas University Tech	AR	2023
Southern State Community College	OH	2023
Southwestern Community College	IA	2023
Southwestern Indian Polytechnic Institute	NM	2023
Stanly Community College	NC	2023
Stone Child College	MT	2023
United Tribes Technical College	ND	2023
University of New Mexico - Valencia Campus	NM	2023
University of New Mexico-Los Alamos Campus	NM	2023
University of the District of Columbia Community College	DC	2023
Vernon College	TX	2023
Western Nebraska Community College	NE	2023
Western Nevada College	NV	2023
Western Technical College	WI	2023
Western Wyoming Community College	WY	2023