

Community College Survey of Student Engagement - Kirtland Community College (2023 Administration)
Frequency Distributions - Community College Student Mental Health and Well-Being

[Weighted]

Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
6. At this college, I feel that students' mental health and emotional well-being is a priority.	COLLQ8666	Strongly disagree	44	14.0	1,952	9.8	4,674	9.2
		Disagree	43	13.7	2,431	12.3	6,164	12.2
		Agree	175	56.0	10,687	53.8	27,496	54.3
		Strongly agree	51	16.3	4,775	24.1	12,271	24.2
		Total	313	100.0	19,846	100.0	50,604	100.0
7. Over the last 2 weeks, how often have you been bothered by having little interest or pleasure in doing things?	COLLQ8667	Not at all	140	43.3	8,174	41.2	20,737	40.9
		Several days	96	29.7	6,742	34.0	17,569	34.7
		More than half the days	48	14.8	2,854	14.4	6,870	13.6
		Nearly every day	39	12.2	2,084	10.5	5,494	10.8
		Total	323	100.0	19,855	100.0	50,670	100.0
8. Over the last 2 weeks, how often have you been bothered by feeling down, depressed or hopeless?	COLLQ8668	Not at all	172	53.6	10,005	50.6	25,162	49.9
		Several days	65	20.1	5,994	30.3	15,473	30.7
		More than half the days	44	13.7	2,182	11.0	5,656	11.2
		Nearly every day	41	12.6	1,603	8.1	4,161	8.2
		Total	321	100.0	19,783	100.0	50,452	100.0

Community College Survey of Student Engagement - Kirtland Community College (2023 Administration)
Frequency Distributions - Community College Student Mental Health and Well-Being

[Weighted]

Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
9. Over the last 2 weeks, how often have you been bothered by feeling nervous, anxious or on edge?	COLLQ8669	Not at all	120	37.3	6,764	34.1	17,133	33.9
		Several days	102	31.6	7,057	35.6	18,301	36.2
		More than half the days	39	12.2	3,133	15.8	7,786	15.4
		Nearly every day	61	18.9	2,856	14.4	7,338	14.5
		Total	322	100.0	19,811	100.0	50,558	100.0
10. Over the last 2 weeks, how often have you been bothered by not being able to stop or control worrying?	COLLQ8670	Not at all	146	45.8	9,016	45.5	22,849	45.2
		Several days	78	24.4	5,859	29.6	15,269	30.2
		More than half the days	43	13.5	2,497	12.6	6,284	12.4
		Nearly every day	52	16.3	2,449	12.4	6,150	12.2
		Total	318	100.0	19,820	100.0	50,552	100.0
11. In the past 12 months, I have needed help for emotional or mental health problems such as feeling sad, blue, anxious, or nervous.	COLLQ8671	Strongly disagree	109	34.3	6,950	35.1	17,039	33.7
		Disagree	63	19.8	3,190	16.1	8,143	16.1
		Neither agree nor disagree	45	14.1	3,440	17.4	8,930	17.7
		Agree	58	18.1	3,929	19.8	10,296	20.4
		Strongly agree	43	13.6	2,297	11.6	6,131	12.1
		Total	318	100.0	19,805	100.0	50,539	100.0

Community College Survey of Student Engagement - Kirtland Community College (2023 Administration)
Frequency Distributions - Community College Student Mental Health and Well-Being

[Weighted]

Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
12. If you needed to seek professional help for your mental or emotional health while attending this college, you would know where to go.	COLLQ8672	Strongly disagree	74	23.3	2,924	14.8	7,181	14.3
		Disagree	53	16.7	3,017	15.3	7,896	15.7
		Neither agree nor disagree	84	26.5	4,004	20.3	10,389	20.6
		Agree	76	24.1	6,580	33.3	16,729	33.2
		Strongly agree	30	9.4	3,221	16.3	8,167	16.2
		Total	316	100.0	19,747	100.0	50,361	100.0
13. If you needed help for your mental health and emotional well-being in the past 12 months, how often have you sought such help?	COLLQ8673	Never	87	27.6	6,553	33.2	16,291	32.4
		Rarely	74	23.7	4,172	21.1	10,891	21.6
		Often	61	19.3	2,976	15.1	7,834	15.6
		Very often	19	6.1	1,492	7.6	3,988	7.9
		I have not needed help for my mental health and emotional well-being	73	23.3	4,538	23.0	11,346	22.5
		Total	314	100.0	19,731	100.0	50,351	100.0
14. If you needed help with your mental health and emotional well-being, what would be the greatest barrier that would keep you from seeking that help?	COLLQ8674	Lack of resources (money, time, transportation)	80	25.7	5,812	29.8	15,899	31.9
		I worry about what others will think of me	39	12.7	2,684	13.7	6,136	12.3
		I do not know where to seek help	27	8.5	1,258	6.4	3,242	6.5
		I do not know what kind of help I need	43	13.9	3,431	17.6	9,279	18.6
		Other	122	39.2	6,345	32.5	15,271	30.6
		Total	311	100.0	19,529	100.0	49,827	100.0

Community College Survey of Student Engagement - Kirtland Community College (2023 Administration)
Frequency Distributions - Community College Student Mental Health and Well-Being

[Weighted]

Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
15. If you were experiencing emotional or mental health problems such as feeling sad, blue, anxious, or nervous, whom would you most prefer to talk to about this?	COLLQ8675	Trained mental health provider (e.g., psychiatrist, psychologist, counselor, or social worker, etc.)	100	31.9	6,702	34.2	18,594	37.1
		Someone who works at this college who is not a trained mental health provider	7	2.3	641	3.3	1,433	2.9
		Friend, partner, or family member	150	47.9	9,960	50.8	24,358	48.6
		Someone from your cultural community (identity-based, faith-based, etc.)	15	4.7	641	3.3	1,611	3.2
		Other	41	13.2	1,668	8.5	4,074	8.1
		Total	313	100.0	19,612	100.0	50,070	100.0
16. If you were experiencing emotional or mental health problems such as feeling sad, blue, anxious, or nervous, which of the following supports from a trained mental health provider would you most prefer to use?	COLLQ8676	In-person, individual counseling or therapy	230	74.1	14,448	74.8	36,511	73.8
		In-person, group therapy or a support group	17	5.4	1,012	5.2	2,719	5.5
		Teletherapy (counseling or therapy via the phone, video, text, messaging)	34	11.0	2,610	13.5	7,331	14.8
		Peer counseling from a trained peer	22	6.9	890	4.6	1,995	4.0
		Crisis hotline (number to call or text during a mental health crisis to reach a trained responder)	8	2.6	344	1.8	886	1.8
		Total	310	100.0	19,304	100.0	49,443	100.0
17. If you needed help with your mental health and emotional well-being, how important is it to you that your mental health provider understands your cultural community (racial/ethnic identity, gender identity, religious identity, LGBTQIA+ identity, etc.)?	COLLQ8677	Not at all important	124	39.7	5,702	29.2	13,605	27.3
		Somewhat important	39	12.7	3,601	18.5	9,431	18.9
		Important	64	20.6	4,254	21.8	10,897	21.8
		Very important	38	12.1	3,068	15.7	7,869	15.8
		Absolutely essential	46	14.9	2,878	14.8	8,090	16.2
		Total	311	100.0	19,503	100.0	49,892	100.0

Community College Survey of Student Engagement - Kirtland Community College (2023 Administration)
Frequency Distributions - Community College Student Mental Health and Well-Being

[Weighted]

Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
18. In the past 4 weeks, how many days have you felt that emotional or mental difficulties have hurt your academic performance?	COLLQ8678	None	155	50.1	8,776	44.8	22,206	44.4
		1-2 days	56	18.2	4,987	25.5	12,820	25.6
		3-5 days	47	15.2	3,191	16.3	8,082	16.2
		6 or more days	51	16.4	2,635	13.5	6,913	13.8
		Total	309	100.0	19,589	100.0	50,020	100.0
19. How likely is it that issues with mental health or emotional well-being would cause you to withdraw from class(es) or from this college?	COLLQ8679	Not likely	201	64.8	12,751	65.0	31,723	63.4
		Somewhat likely	69	22.3	4,021	20.5	10,866	21.7
		Likely	27	8.6	1,692	8.6	4,324	8.6
		Very likely	13	4.3	1,140	5.8	3,113	6.2
		Total	310	100.0	19,603	100.0	50,026	100.0
20. In the past 12 months have you needed help with substance use issues?	COLLQ8680	No	275	87.0	18,123	92.2	46,139	92.0
		Yes	15	4.7	479	2.4	1,210	2.4
		I am not sure	16	5.1	572	2.9	1,503	3.0
		I prefer not to respond	10	3.2	488	2.5	1,316	2.6
		Total	316	100.0	19,662	100.0	50,166	100.0

Colleges in the Comparison Group

Comparison Group: Small Colleges

Institution	State	Year
Arkansas Northeastern College	AR	2023
Arkansas State University-Newport	AR	2023
Belmont College	OH	2023
Berkshire Community College	MA	2023
Big Sandy Community and Technical College	KY	2023
Black River Technical College	AR	2023
Blue Mountain Community College	OR	2023
Blue Ridge Community College	VA	2023
Brazosport College	TX	2023
Casper College	WY	2023
Central Wyoming College	WY	2023
Centralia College	WA	2023
Chipola College	FL	2023
Cleveland State Community College	TN	2023
Coastal Bend College	TX	2023
College of the Mainland	TX	2023
Colorado Northwestern Community College	CO	2023
Columbia Gorge Community College	OR	2023
Compton College	CA	2023
Cossatot Community College of the University of Arkansas	AR	2023
Danville Area Community College	IL	2023
Dyersburg State Community College	TN	2023
East Central College	MO	2023
Eastern Wyoming College	WY	2023
Ellsworth Community College	IA	2023
Ensign College	UT	2023
Fond du Lac Tribal and Community College	MN	2023
Garden City Community College	KS	2023
Gillette College	WY	2023
Hagerstown Community College	MD	2023
Highland Community College	IL	2023
Independence Community College	KS	2023
Jackson State Community College	TN	2023
John A. Logan College	IL	2023
Jones County Junior College	MS	2023
Laramie County Community College	WY	2023
Little Big Horn College	MT	2023
Madisonville Community College	KY	2023
Marshalltown Community College	IA	2023
Maysville Community & Technical College	KY	2023
Mid-Plains Community College	NE	2023
Minnesota North College	MN	2023
Mississippi Delta Community College	MS	2023
Missouri State University-West Plains	MO	2023
Monroe County Community College	MI	2023
Mountain Empire Community College	VA	2023

Colleges in the Comparison Group

Comparison Group: Small Colleges

Institution	State	Year
Muskegon Community College	MI	2023
NMSU Alamogordo	NM	2023
North Central State College	OH	2023
North Florida College	FL	2023
North Iowa Area Community College	IA	2023
Northeast Alabama Community College	AL	2023
Northeast Mississippi Community College	MS	2023
Northeast Texas Community College	TX	2023
Northwest College	WY	2023
Otero College	CO	2023
Owensboro Community and Technical College	KY	2023
Ozarka College	AR	2023
Paul D. Camp Community College	VA	2023
Piedmont Technical College	SC	2023
Rhodes State College	OH	2023
River Parishes Community College	LA	2023
Riverland Community College	MN	2023
SOWELA Technical Community College	LA	2023
Saginaw Chippewa Tribal College	MI	2023
Salem Community College	NJ	2023
Salish Kootenai College	MT	2023
Southeastern Community College	NC	2023
Southern Arkansas University Tech	AR	2023
Southern State Community College	OH	2023
Southwestern Community College	IA	2023
Southwestern Indian Polytechnic Institute	NM	2023
Stanly Community College	NC	2023
Stone Child College	MT	2023
United Tribes Technical College	ND	2023
University of New Mexico - Valencia Campus	NM	2023
University of New Mexico-Los Alamos Campus	NM	2023
University of the District of Columbia Community College	DC	2023
Vernon College	TX	2023
Western Nebraska Community College	NE	2023
Western Nevada College	NV	2023
Western Technical College	WI	2023
Western Wyoming Community College	WY	2023